



Governing Body Criteria - Football *

Quality Coaching and Competition										
<p>Criteria 1: The club must employ and/or deploy suitably qualified coaches, in accordance with governing body guidelines within the junior sections;</p> <p>IFA Requirement: Minimum IFA Level One, Recommend UEFA 'B' licence</p>										
<p>Criteria 2: The club must provide a structured coaching programme for children and young people, as determined by the governing body with progressive and inclusive sessions;</p> <p>IFA Requirement: Weekly age-specific sessions for technical development increasing in frequency and content to ensure player progression</p>										
<p>Criteria 3: The club must ensure that the coach : participant ratios reflect the governing body guidelines;</p> <p>IFA Requirement: Minimum of 1 coach and 1 assistant coach to 20 players</p>										
<p>Criteria 4: The club must provide suitable intra and/or inter club competition, in accordance with governing body guidelines;</p> <p>IFA Requirement:</p>										
Boys (or mixed football)					Girls' Only					
Age group	No. in team	Max Playing Area (m)	Duration	Max Goal size		Age group	No. in team	Max Playing Area (m)	Duration	Max Goal size
U7	5	40 x 30	3 x 12 mins	12 x 6		U10	5	40 x 30	2 x 15	12 x 6
U8	5	40 x 30	3 x 12 mins	12 x 6		U12	7	60 x 40	2 x 20	12 x 6
U9	7	60 x 40	3 x 15 mins	12 x 6		U14	7	60 x 40	2 x 25	12 x 6
U10	7	60 x 40	3 x 15 mins	16 x 7		NIWFA Clubs Participation in NIWFA leagues and cup competitions.				
U11	9	70 x 50	2 x 25 mins	16 x 7						
NIBFA Clubs	Participation in local leagues, NIBFA Youth Cup competitions and as an optional development travel to tournaments. Development opportunities in UK, ROI and Europe.									
Safety in Sport										
<p>Criteria 5: The club must ensure that venues and equipment are safe at all coaching and competition sessions, meeting governing body requirements.</p> <p>IFA Requirement: Coaches / volunteers should ensure that the playing surface, goals and equipment are checked prior to the commencement of the game.</p>										

* Additional /enhanced criteria will be used in disability football - for further information please contact Alan Crooks (IFA Disability Football Development Manager)